



Breast Health Awareness & Education



Livingston County Health Department
Ticket for the Cure

Ladies, review our “menu” of fun, interactive, educational activities that are available free of charge for your group or club and call us to arrange a program- 815-844-7174, ext. 248. Choose from the following:

Breast Health Bingo- The classic game using breast health questions & answers.

Pink Tea Party- Play tea party games and learn about breast health too.

“Hats Off to Breast Health”-

Interactive activity designed to address the common myths about breast cancer and explore how these myths may affect women taking steps towards early detection.

Breast Cancer Update- 45 minute presentation on early detection methods and treatment options.

Basic Nutrition and Cancer

Prevention- Presentation on the protective effect of certain foods against cancer. The program includes one dish to taste test and recipes to take home.

Contact: 815-844-7174, ext. 248
llake@lchd.us

*The goal of our Ticket for the Cure program is to increase the number of women in Livingston County who have annual breast health screenings. You can help us by taking a short (5-minute) survey. **Please go to the website***

www.surveymonkey.com/s/ticketfortheecureinlivingstoncounty